



October

Mon	Tue	Wed	Thu	Fri
		1 B- Cheese Grits, Turkey Bacon, Wheat Slices, Sliced Peaches, Milk L/S- Turkey Veggie Soup, Mixed Veggies, Wheat Slices, Pears, Milk AM/PM- Jelly Sandwich, Banana, Wheat Slices, Apple juice	2 B- Turkey Sausage, Wheat Slices, Applesauce, Milk L/S- Baked Turkey, Steamed Cabbage, Rice, Wheat Slices, Applesauce, Milk AM/PM- Cheese Toast, Apple juice	3 B- Bagels w/Cream Cheese, Oranges, Milk L/S- Chicken Pot Pie, Green Beans, Pie Crust, Applesauce, Wheat Slices, Milk AM/PM- Turkey Sandwich, Apple juice
6 B- Scrambled Eggs, Wheat Slices, Oranges, Milk L/S- Spaghetti w/ Ground Turkey, Garden Salad, Apples, Wheat Slices, Milk AM/PM- Blueberry Muffins, Milk	7 B- Oatmeal, Wheat Slices, Strawberries, Milk L/S- Turkey Meat Loaf, Yellow Rice, Green Beans, Bananas, Wheat Slice, Milk AM/PM- String Cheese, Ritz Crackers, Apple juice	8 B- Turkey Sausage, Cheese Toast, Applesauce, Milk L/S- Turkey Sandwich, Broccoli w/Ranch, Wheat Slices, Apples, Wheat Slices, Milk AM/PM- Graham Crackers, Oranges, Apple juice	9 B- Egg Croissants, Pineapples, Milk L/S- Turkey Tacos, Corn, Cole Slaw, Strawberries, Taco Shells, Milk AM/PM- Crackers, Banana, Apple juice	10 B- Raisin Bread, Peaches, Milk L/S- Chicken Salad, Steamed Carrots, Wheat Slices, Applesauce AM/PM- Bran Muffins, Milk
13 B- Waffles, Turkey Links, Strawberries, Milk L/S- Chicken Alfredo, Steamed Broccoli, Applesauce, Wheat Slices, Milk AM/PM- Turkey slices, Ritz crackers, Apple juice	14 B- Oatmeal, Wheat Slices, Peaches, Milk L/S- Chicken Stew, Noodles, Peas&Carrots, Wheat Slices, Peaches, Milk AM/PM- String Cheese, Ritz Crackers, Apple juice	15 B- Cheerios, Wheat Slices, Bananas, Milk L/S- BBQ Chicken, Steamed Cabbage, Wheat Slices, Applesauce, Milk AM/PM- Jelly Sandwich, Apple juice	16 B- Cheese Grits, Wheat Slices, Apples, Milk L/S- Extra Cheese Pizza, Pizza Crust, Garden Salad, Pears, Milk AM/PM- Animal Cookies, Yogurt, Apple juice	17 B- Turkey Links, Raisin Bread, Extra Raisins, Milk L/S- Turkey, Pinto Beans, Collard Greens, Wheat Slices, Applesauce, Milk AM/PM- Graham Crackers, Bananas, Apple juice
20 B- Cereal, Bananas, Milk L/S- Spaghetti, Garden Salad, Wheat Slices, Apple Slices, Milk AM/PM- Muffins, Apple juice	21 B- Turkey Sausage, Biscuits, Peaches, Milk L/S- Chicken Salad, Carrots, Ritz Crackers, Milk AM/PM- Strawberry Yogurt, Crackers, Milk	22 B- Cheese Toast, Apple Slices, Milk L/S- Fish Sticks, Peas&Carrots, Wheat Slices, Pineapples, Milk AM/PM- Pizza Rolls, Apple juice	23 B- Cheese Grits, Wheat Slices, Oranges, Milk L/S- Meatballs, Mashed Potatoes, Green Beans, Pineapples, Milk AM/PM- Cheese Straws, Goldfish, Apple juice	24 B- Cheerios, Bananas, Wheat Slices, Milk L/S- Turkey Sloppy Joe, Corn on the Cob, Slaw, Wheat Slices, Applesauce AM/PM- Cheese Slices, Apple juice
27 B- Cheese Eggs, Wheat Slices, Milk L/S- Chicken Noodles, Mixed Veggies, Wheat Slices, Strawberries, Milk AM/PM- String Cheese, Ritz Crackers, Apple juice	28 B- Turkey Bacon, Wheat Slices, Apples, Milk L/S- Grilled Cheese, Veggie Soup, Peas&Carrots, Garlic Sticks, Milk AM/PM- Pizza Rolls, Apple juice	29 B- Cheese Grits, Wheat Slices, Peaches, Milk L/S- Chicken Nuggets, Fries, Corn, Wheat Slices, Applesauce AM/PM- Animal Crackers, Apple juice	30 B- Raisin Bread, Baked Apples, Milk L/S- Spaghetti, Green Beans, Wheat Slices, Applesauce, Milk AM/PM- Turkey Slices, Crackers, Apple juice	31 B- French Toast, Pears, Milk L/S- Tuna Salad, Tomatoes, Cucumbers, Mixed Fruit, Ritz Crackers, Milk AM/PM- Soft Pretzels, Apple juice

